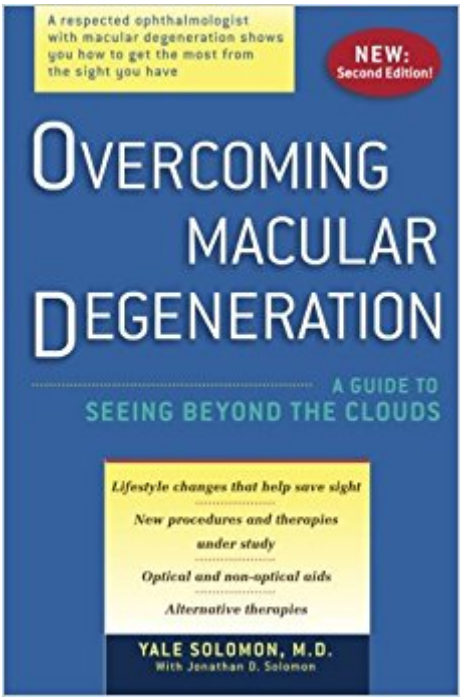
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Overcoming Macular Degeneration: A Guide To Seeing Beyond The Clouds



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Synopsis

Each year, more than 400,000 Americans are diagnosed with macular degeneration, an age-related, progressive eye disease that immediately raises a fear of total blindness. The good news is: YOU ARE NOT GOING BLIND. However, you are dealing with a disease that causes serious visual impairmentÃ¢â ¬â •an inconvenience the author, Dr. Yale Solomon, is personally familiar with because he has macular degeneration. Now this respected ophthalmologist offers a compassionate and understanding look at both the medical and human side of macular degeneration and ways to meet the challenge of its impact on everyday life. This newly updated edition includes a comprehensive appendix of associations, organizations and foundations, large-print publishers, audio and video resources, and a helpful list of suppliers of products and services.

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Customer Reviews

Dr. Yale Solomon, M.D. has been a practicing ophthalmologist in Bay Shore, New York, since 1956, and he has specialized in treating macular degeneration and other low-vision patients. He is an associate clinical professor of ophthalmology at SUNY Stony Brook School of Medicine on Long Island and is founder and president of Volunteer Eye Surgeons International, a philanthropic organization that since 1983 has sent U.S. ophthalmologists to Third World countries on medical mercy missions. Dr. Solomon is director emeritus of ophthalmology at Southside Hospital in Bay Shore, and senior ophthalmologist at Good Samaritan Hospital, West Islip, New York. In 1990, at age 64, Dr. Solomon was diagnosed with macular degeneration in his left eye, and in the summer of 1997 macular degeneration began affecting vision in his right eye. Dr. Solomon lives in

Brightwaters, New York, with his wife, Isobel. They have four grown sons and ten grandchildren.Jonathan D. Solomon is an independent marketing consultant and business writer. Prior to launching his consulting business, Mr. Solomon served for five years as vice president of marketing for Optical Data, a company that produces technology-based educational programs for schools. Mr. Solomon is adjunct professor of communications at the Rutgers Graduate School of Management in Newark, New Jersey, where he teaches a course in writing and oral presentation skills to MBA students. A graduate of Wesleyan University, Mr. Solomon also earned a Master of Science degree in journalism from Boston University and an MBA in marketing from Fordham University. Mr. Solomon, who is Yale Solomon's oldest son, lives in Westfield, New Jersey, with his wife, Maureen, and their two young children. --This text refers to an out of print or unavailable edition of this title.

My parents both have macular degeneration and I thought I understood what they saw but I didn't. This book helped me understand what they see (it's like they have a patch of waxed paper they are trying to look through in the central vision - and it can have different shapes for different people, and changes in density as the degeneration continues) and it had a lot of good information on ways to see around the bad spot or how to manage despite the bad spot. It talks about different sorts of aids and devices. I really found it uplifting because the author is an opthamologist and developed AMD himself. So he knows what he's talking about from both the doctor's and the patient's point of view. The book I read was a second edition published in 2009 so there are new devices and treatments, of course, since then but I still found this very helpful - and most of the ideas are going to hold true far into the future. One of the most interesting things is that he clarified for me that we don't go blind from AMD; being considered 'legally blind' is not the same as going blind. I thought that was a very helpful thought. Also, he talks about going to a low-vision specialist and how much they can do in terms of finding good ways to do the things that are important to the particular patient. Even reading is possible although it can be quite tough. Much of the material in the book applies to people with other retina problems too - for example, people with retinal vein occlusions have similar problems with spots where vision is missing or cloudy, and can use tips on how to work around these issues. I found this such a helpful and (for me - with AMD almost certainly in my future) hopeful book. I highly recommend it for anyone who is developing or likely to develop macular problems, and for those who care for someone with AMD.

*****This is far and away the best book written on macular degeneration. Not just written by an

ophthalmologist, it is written by a compassionate ophthalmologist who has age-related macular degeneration (AMD) himself, and who has established a practice devoted to AMD and the rehabilitation of low vision. I cannot overestimate the amount of relief I felt when I read his book as opposed to many/most of the others, which stress hopelessness and have a grim tone. This book provides a realistic yet positive view of the prognosis of AMD, no matter how much or how little vision you have left as the years go by.It covers everything you need to know in just one book. The average person will not need to buy any others, many of which sound like they were written with copy from doctors' office brochures cut and pasted in. It is also a good book for the AMD patient's family to read. The book covers: understanding the diagnosis, explaining AMD, therapies, the important role of nutrition (diet as well as which supplements to take), as well as important concerns such as how to decide when to stop driving, low vision rehabilitation, adapting your home, caregiver issues, and so much more. It is a book that gives hope, comfort, reassurance, and invaluable knowledge.Thank you, Dr. Solomon, for giving this gift to those of us who have received this potentially terrifying diagnosis. It took me from a place of sheer terror and panic to one of hope and feeling as though I would be able to cope no matter what happens.Highly recommended.*****

My husband has AMD, and we've been fighting it (with some, but limited success) for the last few years.Most of our effort was based on what I could learn on-line, such as at [...] and AMD Society.But we both were fighting bravely..suspecting he would be blind within a few years,and unwilling to burden/talk about it with each other.The first great information given by Dr. and Jonathan Solomon: my love will not go totally blind.Second: he will be disabled. Disabled: he can no longer drive.Third: there are tools and sources to help him enjoy retirement.To help US to enjoy retirement.My hubby/love is designing better 'readers' than Lighthouse offers: cameras, screens and all...at lower cost... now that we understand the problem better.Dr. Solomon also addresses the problem of indifferent or ignorant medical folk (technicians and opthy folk). He lived thru what we lived thru...and told us we weren't nuts to think we were being brushed off. Or ignored/denied.If you have a family member diagnosed with AMD .....BUY THIS BOOKIn LARGE print. Chuckle.And talk to each other.Talk.Check other sources too.....but measure them off this book.The Mulhollands

This book contains just the type of information I have been hoping that my ophthalmologists would give me. I just wish I had read it several years earlier. The author, himself a victim of AMD, knows what we are up against and even talks about things we might not want to discuss with our family

and friends. I am recommending this book to the folks in a Low Vision Support Group I attend.

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